# ALMA

FOOD MENU



### Alma Living

awma-mind,body,heart,soul.

Alma's mission is to make healthy food accessible to everyone regardless of their dietary preferences or lifestyle choices, in order to live well and thrive together as one human family, on this planet we call home.

Get your daily dose of vitamins, minerals and nutrients with every delicious bite



### Breakfast

Tea / Coffee\*

Choose any one of the following (one option per group)

- Bread Butter / Jam
  Bread, butter, jam: a delightful trio. The bread is the base, butter adds richness, and jam brings sweet flavor to this quick snack
- Puri Bhaji
   Crispy fried bread with spiced potato curry—a classic, flavorful Indian dish
- Paratha Bhaji
   Flaky pan-fried bread with spiced veg curry—a delicious, satisfying Indian dish



### Breakfast

- Chole Bhature
   Spicy chickpea curry with fluffy fried bread—a beloved North Indian delight
- Idli Sambar Steamed rice cakes with lentil-based veg stew—a South Indian breakfast favorite
- Medu Vada
   South Indian savory fritter, crispy outside, soft inside. Deep-fried urad dal perfection often served with chutney or sambar
- Poha
   Quick and flavorful Indian breakfast with flattened rice, spices, and garnishes
- Upma
   Its a quick and savory South Indian breakfast made with semolina, lentils, nuts, vegetables, and spices
- Misal Pav
   Spicy sprouted lentils topped with tangy curry, garnished with onions and coriander, served with bread rolls

# Soup (Extra Cost)

- Manchow Soup
   Spicy Indo-Chinese broth with veggies, noodles, and bold flavors
- Tomato Soup
   Classic comfort, smooth blend of ripe tomatoes, onions, and herbs. Perfect alone or with a grilled cheese
- Manchurian Soup
   Spicy Indo-Chinese broth with veg or chicken dumplings. Delightful blend of flavors and textures
- Lemon Coriander soup
   Zesty Indo-Chinese broth with lemon, coriander, and veggies—a refreshing appetizer



# Vegetarian Main Course

Choose any one of the following (one option per group)

- Mix Veg
   Colorful assortment of veggies in flavorful curry—versatile and delicious
- Veg Kolhapuri
   Spicy mixed vegetable curry with rich Kolhapuri spices—flavorful delight
- Gobi Masala
   Cauliflower in spicy masala sauce—savory vegetarian main
- Dum Aloo
   Baby potatoes in a flavorful, spiced curry—delicious North Indian dish
- Veg Diwani Handi / Paneer Handi Creamy North Indian curry with veggies/paneer—a flavorful delight



- Baingan Bharta (Brinjal)
   Smoky roasted eggplant (baingan) mashed and cooked with spices—a flavorful Indian dish
- Baingan Masala (Brinjal)
   Sliced and spiced eggplant (baingan) in a flavorful masala—a delicious Indian dish
- Bhindi Masala
   Okra (bhindi) cooked in a flavorful masala—a tasty and popular Indian dish
- Paneer Butter Masala
   Creamy tomato curry with paneer—classic and delicious
- Paneer Masala
   Spiced paneer in flavorful masala—a delightful vegetarian choice
- Kadhai Paneer
   Spiced paneer in tomato curry—a popular North Indian dish
- Paneer Do Pyaza
   Spiced paneer and abundant onions in tomato curry—a flavorful Indian dish



- Paneer Bhurji
   Spiced scrambled paneer—a quick and tasty Indian dish
- Mutter Paneer
   North Indian dish with peas and paneer in a rich tomato curry—a tasty vegetarian choice
- Palak Paneer
   Creamy spinach and paneer curry—a delicious vegetarian classic
- Chawli Masala
   Black-eyed peas in a flavorful masala—a delicious and nutritious Indian dish
- Pav Bhaji
   Spiced vegetable curry with buttered pav—popular Indian street food
- Moong Masala
   Spiced green gram in savory masala—a delicious vegetarian dish
- Rajma
   Red kidney beans in a spiced tomato-based curry—a classic and hearty North Indian dish



- Chole Masala
   Chickpeas in spiced tomato curry—a classic and flavorful North Indian dish
- Chana Masala
   Chickpeas in spiced tomato curry—a classic and flavorful Indian dish



# Chinese Veg Main Course

- Veg Fried Rice
   A delicious Indo-Chinese dish featuring stir-fried rice with a medley of vegetables
- Schezwan Fried Rice
   Spicy and flavorful Indo-Chinese fried rice with a touch of Schezwan sauce
- Veg Chowmein
   Stir-fried noodles with a mix of vegetables—quick and tasty Indo-Chinese dish
- Veg Manchurian
   Vegetable fritters in a savory, spiced gravy—a popular and delicious Indo-Chinese dish
- Paneer Chilli
   Spicy stir-fried paneer—a tempting Indo-Chinese dish
- Paneer 65
   Spiced and fried paneer bites—an Indian appetizer favorite



#### Dal

Choose any one of the following (one option per group)

Dal Fry/ Dal Tadka/ Dal Bukhara/ Dal Makhani/ Plain Dal

#### Rice

Choose any one of the following (one option per group)

Steamed Rice / Jeera Rice / Pulao / Biryani



# High Tea & Snacks (Extra Cost)

#### Coffee / Tea

- Kanda/ Batata Bhajiya
   Spiced onion and potato fritters—a delicious Indian snack
- Batata Vada
   Spiced mashed potato dumplings, coated in chickpea flour batter and deep-fried
- Bread Pakora
   Spiced bread slices dipped in chickpea flour batter and deep-fried
- Maggi
   Instant noodles with savory masala
- Paneer Pakora
   Spiced chickpea flour-coated fried paneer bites
- Kothimbir Vadi
   Maharashtrian snack with spiced coriander and gram flour



Veg Sandwich
 A delightful combination of assorted vegetables and condiments layered between bread slices

### Indian Breads

Chapati

Bhakri

# Accompaniments

Salad

Papad

Dahi



# Meal Timings

#### **Breakfast**

Breakfast is served in the villa or weather permitting, on the patio, between **8:00am** and **10:00am**.

#### Lunch

Lunch is served in the villa, or weather permitting, on the patio, between **12:30pm** and **2:30pm**.

#### Dinner

Dinner is served in the villa, or weather permitting, on the patio, between **7:00pm** to **10:00pm**.

**Note:** If the chef charges any additional amount for the meals that are included in the package, kindly get in touch with the booking executive.

Please contact Mr. Bala to place your order on +91 7263801350 Feel free to request any special preferences of preparation

